LAMINGTON TRIP FACTSHEET

On this exciting tour, travel past gorges and cascading waterfalls on Mt Tamborine and visit the famous Lamington National Park. The tour will take you through the quaint township of Canungra and the picturesque Canungra Valley before climbing through spectacular rainforest along the historic mountain road to a height of 1000 metres. You will see spectacular panoramic views of the Gold Coast, McPherson Ranges and temperate rainforest, before arriving at Lamington Park where you will spend the day exploring the area.

Declared in 1915, Lamington National Park covers 20,590 ha and boasts extensive walking tracks along the McPherson Range, which allow visitors to explore the area's forests, creeks and waterfalls. Dramatic lookouts afford views over the Gold Coast, south-east Queensland and northern New South Wales. Lamington is part of the Gondwana Rainforests of the World Heritage Area, which includes the most extensive areas of subtropical rainforest in the world, most of the world's warm temperate rainforest and nearly all of the Antarctic beech *Nothofagus moorei* cool temperate rainforest.

Lamington offers a variety of **bushwalking** tracks ranging from easy walks suitable for all levels of fitness to more strenuous mountain climbs. The walks can take you through dramatic gorges and past bubbling creeks and cascading waterfalls. You will see subtropical and warm temperate rainforest communities, as well as the largest intact stand of hoop pines *Araucaria cunninghamii*.

Viewing wildlife

On the park's many walking tracks you can see subtropical rainforest, ancient Antarctic beech trees, hoop pines, eucalypt forest and montane heath and some of the area's incredible variety of wildlife.

Listen for the whip-cracking call of the eastern whipbird, and see the brilliant red and blue colours of the crimson rosella or the magnificent green and red of the Australian king-parrot. The regent bowerbird, with its brilliant black and gold colouring, is frequently seen foraging around rainforest trees for fruits, insects and spiders. The Albert's lyrebird is often encountered along the rainforest tracks in the cooler months. Listen for the male's extraordinary song, which incorporates imitations of sounds from nature and, sometimes, human activities. Look out for shiny black land mullets, the largest known skink that is a harmless, thick-set, lizard. You may even be lucky to spy a carpet python basking in the sun.

In the picnic areas, red-necked pademelons are commonly seen early morning and late afternoon foraging on grass. Mountain brushtail possums (bobucks), with their dense black fur, are usually seen in rainforest trees at night.

More information on the park is available here: http://www.derm.qld.gov.au/parks/lamington/about.html

Climate

You will be visiting during the wet season, so the chance of rain is higher than normal. Ensure that you have adequate wet weather gear with you for this trip as weather can be unpredictable in January.

What to bring:

- Comfortable walking shoes
- Casual clothes
- Rain jacket/umbrella
- Insect repellent
- Camera